

Inside Lifestone

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Community

What a wonderful afternoon filled with laughter, conversation, and delicious treats. We always enjoy spending time together and creating meaningful moments!



Happy Birthday

Happy Birthday, Lynn! We had so much fun celebrating your special day. Thank you for sharing it with us. Wishing you many happy returns!



Rhubarb Festival

We were honored to join other volunteers to help set up for the 21st Annual Chum Rhubarb Festival, one of Duluth's cherished community traditions. Community is stronger when people come together to serve.



Sunday Service

Helping our client attend church and worship brought so much joy to their day. It also highlights the importance of person-centered care by supporting the wishes, choices, and meaningful moments of those we serve.



Bakers in the Kitchen

We spent time in the kitchen baking up plenty of sweet treats, including a delicious homemade brookie. It was a perfect combination of a brownie and a cookie that we enjoyed.



Creative Minds at Work

Some of us love coloring and painting and do it so well! These creative activities help us relax, express our creativity, and enjoy quality time together.



Play-Doh

We also had some fun getting creative with Play-Doh and flour, enjoying hands-on activities that encouraged imagination, creativity, and plenty of smiles!



Quarterly Staff Meeting

Our Quarterly Staff Meeting was a time to connect, learn, and celebrate. We shared important updates, recognized team milestones, and celebrated Amy's CNA certification, Adaeze's work anniversary and birthday, and both of them for CNA Day. Thank you to our amazing team for your dedication and commitment to providing rock-solid care every day!



Men's Health

June is Men's Health Month, a time to raise awareness about the importance of prioritizing men's physical, mental, and emotional well-being. At Lifestone, we believe that prevention, education, and self-care play a vital role in living a healthy life. Here are some important things to keep in mind when it comes to men's health:

- Schedule regular check-ups and preventive screenings to stay proactive about your health.

- Make time for physical activity and balanced nutrition to support your overall well-being.

- Listen to your body and address health concerns early!

Be sure to connect with us on social media for more like this!

