

Inside Lifestone

(218) 481-7306



Annual BBQ

We were grateful to safely host our 2026 Annual BBQ, even after moving the celebration indoors due to an air quality alert. It was a wonderful time with great food, laughter, and wonderful company. Thank you to all who joined us to help make the day truly special.



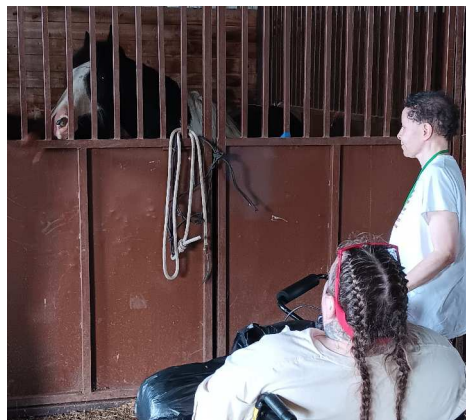
Downtown Days

Our staff helped a client who wanted to attend Duluth Days in downtown Duluth join in the festivities and enjoy time with the community.



A Trip to the Proctor Fair

It was a beautiful day at the St. Louis County Fair in Proctor, filled with great food, music, and fun. Quality care is also about creating experiences, building connections, and making memories that matter.



Aging with Joy

We had a wonderful time at A Celebration of Aging with The Northland Aging Care Network! Thank you to our team member who represented Lifestone and connected with the community. We enjoyed a day of meaningful conversations, celebrating every stage of life.



Teamwork!

Our team showed up in different ways at the 2026 YMCA Sidewalk Shuffle. Some participated in the 5K, while others cheered from the sidelines and back at Lifestone.



S'mores

We've been enjoying the beautiful weather by spending time on our patio. One day, we decided to make s'mores together, and they were gooey, delicious, and the perfect treat to enjoy outdoors.

America's 250th Birthday

We joyfully came together to celebrate America's 250th birthday with smiles, good food, and time well spent.



Blooming Garden

We celebrated our first green bean harvest with lunch and are excited to watch our tomatoes and sweet peppers continue to thrive.

New CNA Certification

Congratulations to Eze on earning his Certified Nursing Assistant certification! We are proud to celebrate this milestone and welcome another compassionate caregiver to the health care profession.



UV Awareness

July is UV Safety Awareness Month, a time to raise awareness about the importance of protecting your skin from harmful ultraviolet (UV) rays. At Lifestone, we believe that prevention, education, and healthy habits play a vital role in living a healthy life. Here are some important things to keep in mind when it comes to UV safety:

- Apply sunscreen with SPF 30 or higher and reapply every two hours when outdoors.

- Wear protective clothing, a wide-brimmed hat, and sunglasses to help shield your skin and eyes.

- Seek shade during peak sun hours and protect your skin, even on cloudy days!

Be sure to connect with us on social media for more like this!

