

Inside Lifestone

(218) 481-7306



Fishing Fun

Our clients wanted to go fishing, and our dedicated employees made sure it happened! We spent the day sharing laughs, and some of us even showed off our pro fishing skills!



Movie Day

We are a big fan of the Teenage Mutant Ninja Turtles and we had the chance to take our clients to the 35th anniversary showing. Happily enjoying popcorn while watching a movie together is the best!



Basketball on the Patio

Our patio is one of our favorite spots, so we transformed it into a basketball court. Laughter and plenty of smiles filled the air as we enjoyed playing together.



Alzheimers Awareness
Lifestone is still accepting donations in support of the Alzheimer's Association. You can show your support by purchasing promise flowers, donating online, or buying handmade artwork created by our residents. Thank you for your generosity!



Busy Garden



Our garden has been productive this season from peppers to basils and so much more. We've been harvesting, enjoying, and sharing!



Bakers in the Kitchen

We have been active in the kitchen this month. Our clients baked a delicious chocolate cake and banana bread. All were backed with love and filled with sweetness, joy, and smiles!



Fun Times, Full Hearts

What better way to pass the time than by playing fun games like trivia and bingo? We enjoyed laughter, friendly competition, and plenty of good memories together.



Our Staff

It has been quite a month for our staff. Caregiver Amanda celebrated her 3rd anniversary at Lifestone Healthcare. We also celebrated Adaeze as she has gone from once being a Lifestone baby to volunteering with dedication, working as a certified nursing assistant, and now, is stepping into adulthood in college. We are proud of all our staff and all the wonderful work they do!



Eye Exams Month

August is National Eye Exam month! It is a reminder to schedule an exam and prioritize eye health. You might be surprised to know that there is more to an eye exam than just checking your visual clarity. A comprehensive eye exam is an important part of your overall health. By looking into your eyes, your doctor can check for signs of serious health conditions.

Here are a few reasons to visit the eye doctor annually:

- Detection of Early Signs of Chronic Diseases like Diabetes
- Some Eye Diseases Are Symptom-Free
- Your Vision Might Not Be as Clear as You Think

Need an eye exam? Schedule your next comprehensive eye today!

