

# Inside Lifestone

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## Gardening Fun

Our summer gardening journey has begun! Our clients, Activity Coordinator, and Vice President planted a variety of veggies including tomatoes, peppers, and garden eggs. We can't wait to see them bloom!



## Happy Birthday!

We celebrated our very own today, and the chocolate cake made it even sweeter! Happiest of birthdays to someone who brings warmth to the room, wishing her a year filled with joy, success, and sweet moments.



## Coffee Break

Getting out in the community is more than just fun. Our clients enjoyed a refreshing outing filled with coffee, treats, and great conversation. These shared experiences strengthen bonds and bring joy to everyday living.



## Dounut Day

On national donut day, we filled it with smiles, sweet treats, and a delicious variety of donuts enjoyed by our staff and clients. Here's to making every day a little sweeter!





## A Cozy Favorite

One of our lunches this month was a favorite freshly baked cornbread paired with savory meatloaf. Nothing says comfort quite like this combo!



## Connecting with our Team

We had a productive and engaging second quarterly staff meeting at Lifestone, bringing our team together to stay aligned and informed. We also shared valuable insights on our 401(k) benefits and discussed financial wellness questions. It was an overall success!



## Alzheimer's & Brain Awareness



**Please Donate to Our Lifestone Team, Thank You!**

June is Alzheimer's & Brain Month, a time to recognize the millions affected by Alzheimer's and other forms of dementia. Over 6 million Americans are living with the disease, making it the 7th leading cause of death in the U.S.

Lifestone is proud to support this in many ways. If you'd like to join us in making a difference, you can join us by:

- Donating directly
- Purchasing a Promise Flower for our wall (\$5)
- Buying a painting created by our clients

All proceeds go to the Alzheimer's Association to support research and support to individuals with Alzheimer. Lifestone will also be walking in the Walk-to-End Alzheimer's 5K later this year, another step toward hope and progress.

## Supporting a Great Cause

Our clients have had a blast getting creative, and now their artwork is helping make a difference! Pick up one of these paintings and supporting the Alzheimer's Association. Every purchase spreads joy and hope.



## Employee Recognition

We would like to take a moment to recognize one of our amazing employees. She has recently graduated from high school and graduated from college with an Associate of Arts Degree. Also, she is a strong performer on the track as she broke her highschool record and competed at the state level. We love seeing her dedication in and out of the workplace.

