

Inside Lifestone



Our Annual Barbeque

This year's annual barbeque was a blast. We enjoyed delicious food and were surrounded by friends, family, and community members topped off by live music. We are grateful to everyone who joined us, and can't wait to do it again next year!



Pow Wow

At Lifestone, we love helping clients fulfill their wishes. This month, we attended Veterans' Pow Wow Fond du Lac Band of Lake Superior and were touched by our client's joy and engagement in the vibrant celebration.



Sidewalk Shuffle

Lifestone joined the YMCA's 16th Annual Sidewalk Shuffle! This event helps the YMCA offer financial assistance to members and program participants. We're proud to support a cause that promotes growth, connection, and healthy living in our community.

Fourth of July

We celebrated the Fourth of July holiday with food, fun activities, trivia, and plenty of July 4th jokes. We hope everyone had a safe and joyful Independence Day!





South St. Louis County Fair

The South St. Louis County Fair takes place right in our backyard. We visited the fair and found plenty to do and see, including spending time with our cute furry friends.



Birthday Celebrations

The month of July brought the birthdays of two of our amazing clients. It was fun to celebrate with them as we wished them the best as they entered their new age.



July is Healthy Vision Awareness Month

The month of July highlights the importance of eye health. Here are some tips from the National Eye Institute.

Did you know...

-Regular exams can help prevent or detect vision problems early.

-Eye degeneration can be prevented by wearing sunglasses with high UV protection.

-Even on cloudy days, a person can still sustain UV damage from diffused sunlight through the clouds

Healthy vision is vital for our quality of life. Let's make eye health a priority!



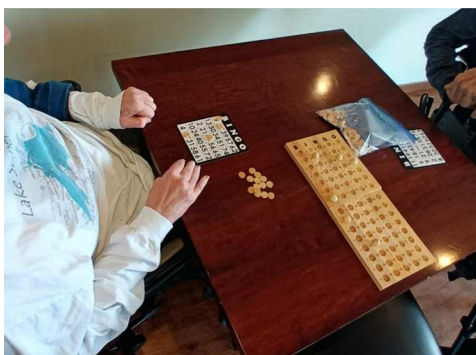
Thriving Garden

The weather has been beautiful since we began our garden journey. Our plants have been thriving! From the peppers to the green beans, and tomatoes! We're excited to use the fresh produce in our kitchen!



Orange Jello Cake

Our latest baking adventure entailed a colorful orange jello cake. With its bright colors and zesty flavor, it's a hit for summer.



Bingo Blitz

We got together for an exciting night of bingo and prizes after dinner, It was a fun way to relax, laugh, and connect. Cheers to a memorable evening!

