

# Inside Lifestone



## Halloween Party

In light of the spooky Halloween season, we had our very own Halloween party. Dressed up in our fun costumes, we gathered together and decorated cookies, painted our faces, and played bingo with amazing prizes. Of course, there were lots of tasty treats.



## Planetarium

We stargaze the night sky in the warmth of the Marshall W. Alworth Planetarium. There, we learned so much about space and the different constellations. What a space-tastic adventure!



## Ru-Ridge

During this fall season, earlier this month, with warmer weather, we took a trip down to Ru Ridge. The scenery was beautiful with the corn maze, giant pumpkins, and the various wild stock we had the chance to feed.



## Happy Birthday

As they say, with age comes wisdom! We had the pleasure to celebrate another birthday this month with birthday songs, cards, with a beautifully decorated and delicious birthday cake.



# Homemade Sweet Treats

Baking, being able to all work together to concoct sweet and savory treats, is one of our favorite hobbies. A few of the desserts we baked together include Supreme Lemon, Apple Coffee Cake, and Apple Crisps. These rich desserts were definitely fun to make.



## Freshly Made Subs

We ate lunch at Subway, and enjoyed their freshly made signature subs.

## Companionship

We had a wonderful afternoon sipping on delicious brews. companionship and laughter equals pure joy.



## Eye Injury Prevention

October is Eye Injury Prevention Month. Our eyes are precious and once they are damaged, they most likely won't be able to be reversed. Here are some quick tips to help keep them safe!

- Wear protective eyewear when playing sports or working in hazardous environments.
- Keep chemicals and cleaning products out of reach of children.
- Don't forget to wear sunglasses with UV protection to shield your eyes from the sun's harmful rays.
- Avoid rubbing your eyes to prevent irritation and potential injury.

Be sure to follow Lifestone Healthcare on social media to stay up to date and to receive more insightful tips like these!

## Sunday Service

Another Sunday means another chance to honor the desires of our cherished clients. With smiles brighter than ever, the spirit of togetherness filled the air.



## Lake Superior

We enjoyed our last moments of summer outdoors whenever possible.

## Lifestone in the Community

Lifestone has been active in the community! Lifestone was represented at the Chum Golden Gala! It was heartwarming to see everyone come together for such a vital cause.

